

KIERA ROSE MURRAY
7 Falmouth Ridges Drive, Falmouth, ME 04105
(207) 632-0688 or (207) 781-6054
kmurray10@une.edu

EDUCATION

The University of New England, Biddeford, ME
Bachelor of Science in Psychology, Minor in Biology

Expected Graduation: May 2019

WORK EXPERIENCE

Sales Associate

Nike, Freeport, ME

- Worked part-time as an apparel consultant, shoe fitter, cashier, restocker and floor/mannequin redesigner.

COACHING EXPERIENCE

Head Distance Coach

Falmouth Youth Middle School Track and Field Team, Falmouth, ME

- Assist in designing workouts and planning meets and events.

Assistant Distance and High Jump Coach

Cheverus High School, Portland, ME

- Assisted in planning workouts, practices, meets, and events.

Head Coach

Holy Cross & St. Brigid Middle School

- Served as the head coach for a team of approximately 50 runners.
- Organized meets and practices that promoted a positive team environment
- Worked with and delegated responsibilities to assistant coaches.

Camp Counselor

NIKE Green Mountain Running Camp, Lyndonville, VT

- Lead groups of approximately 18-20 runners ages 14-18
- Planned running trips, set pace, and addressed camper needs.

COMMUNITY SERVICE

Maine Marathon water station, Portland, ME

Soup kitchen and warehouse volunteer, Preble Street, Portland, ME

Maine Special Olympics, Yarmouth, ME

Camp Sunshine

HART animal shelter, Cumberland, Maine

St. Vincent's Soup Kitchen, Portland, Maine

EXTRACURRICULAR ACTIVITIES

UNE Indoor and Outdoor Track and Field Club

2016 to present

Surf Club at University of New England

2016

Home Team – Student Ambassadors all 4 years.

2010 to 2014

Key Club, Cheverus High School, Portland, ME

2012 to 2014

Homefront Club Senior Year

2013 to 2014

HONORS & AWARDS

ACADEMICS

Cheverus High School National Honor Society.

Selected to represent Cheverus on the MPA (Maine Principals Assoc)

Student Advisory Leadership Committee.

Awarded Cheverus High School *Bronze Award For Academic Excellence*

September 2011

ATHLETICS

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|--|-----------------|
| University of New England Varsity Cross Country Team | 2016 to present |
| Cheverus High School Varsity Cross Country, Indoor and Outdoor Track Team | 2010 to 2014 |
| <ul style="list-style-type: none">• Captain for the 2013/2014 academic year• 3rd at Class A State Meet in 2013/2014. Selected All-State Team and SMAA Team in 2013/2014 and 2011/2012 year.• Received Coaches Award, Most Valuable Runner Award, and Captain's Award. | |
| Cheverus High School Varsity Indoor Track Team | 2010 to 2014 |
| <ul style="list-style-type: none">• Captain for the 2013/2014 academic year• State Champion in the 2 mile in 2013 and 2014. State Champions in 4x800 relay in 2012.• SMAA 2 mile Champion in 2011, 2012, and 2014. SMAA Runner-up in 2 mile in 2013.• Selected into All-State Team in 2012/2013 and 2013/2014.• Received Rookie of the Year Award, Most Valuable Runner Award, Most Valuable Athlete Award, and Captain's Award. | |
| Cheverus High School Varsity Outdoor Track | 2012 to 2014 |
| <ul style="list-style-type: none">• Captain for the 2013/2014 academic year• State Champion in 3,200m in 2014. Southwesterns Champion in 2013 and 2014. Cumberland County Champion in 3,200m and 1,600m in 2013.• Selected into All-State Team in 2013/2014.• Received Coaches Award, two Runner of the Year Awards, Most Valuable Award, and Captain's Award. | |